

## ***Alcohol Awareness & Anti Social Behaviour Programme***

### **Programme Aims:**

To improve the participants' awareness of alcohol related problems and its affect on personal health, families, victims, community, career development, etc.

To act as a deterrent from constant engagement in anti-social behaviour, exclusions and potential convictions as a result of addiction problems, disengagement and offending.

To promote better understanding of the need to address alcohol addiction and anti-social behaviour by considering access to suitable programmes/support (e.g. KCA, Mental Health & NHS services, ETE Guidance, etc)

To add value to current ASBOs as well as provide pre-sentencing options within the community. Hence help reduce pressure on statutory community sentences currently administered by the Probation Service, YOS and HMP Prisons.

### **Suitable For:**

Group One: 13-16 year olds at the verge of being excluded or are excluded from schools as result of alcohol related problems and/or difficult behaviours.

Group Two: 16+, disaffected youth on current ASBOs and/or on current YOS orders; whose behaviours are heavily influenced by alcohol related problems.

Group Three: 21+, ex-offenders, unemployed or on current ASBOs, with Alcohol related and disaffected behaviours.

**Programme Delivery Styles:** practitioners will negotiate cost & benefit analysis with learners as well as apply various psychological, psychotherapeutic & illustrative techniques

**Programmes Delivery Methods:** Programmes for learners include sessions delivered in both Group-work and One-to-One interactions.

Group-work Sessions: will consist of six-eight learners, having access to interactive styles, for improved Cognitive & Problem Solving Skills, Consequential Thinking, Literature on Health Awareness & Legal Responsibilities and the affect of Offending on own Career Development, Families, Friends, Victims, etc.

One-to-One Sessions with Learner: who may have difficulties in learning, performing and/or functioning within a group environment.

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**Programme Duration:** over 8 weeks, including one session per week, each lasting up to 2 hours.

**Programmes Frequency:** each programme will last up to eight weeks and will commence in the 2nd week of Jan, March, May, July, September and November of each year.

**Programme Cost:** £52.50 per learner on a group-work session/week, totalling £420 per programme. One-to One (catch up or main sessions) are charged at £72.50 per learner.

**No. of Beneficiaries per year:** 36 learners on Group-work sessions and 6 learners on one-to-one sessions per programme type/year (within each area/district, including Thanet, Dover & Deal) A total of 180 group work participants and 30 participants on 1-1 interactions from the 3 areas.

**Referrals System:**

- 1) the Solicare tutors/practitioner will place a referral folder at each delivery location, enabling you to enter each potential learner on a pre-scheduled programme's date/time. or
- 2) submit your recommendations within a complete Solicare Referral Form for each learner, by e-mail or fax to Solicare UK (see contact details below)
- 3) The tutor(s) will arrange for an initial one-to-one meeting with all referred learner prior to the commencement of each programme.

**Programmes Tutor & Practitioners:**

Solicare programmes tutors are qualified and/or experienced practitioners in the fields of Advice, Counselling and Psychotherapy, with specialist knowledge in Offender Rehabilitation, Motivational Support and/or Behaviour Management.

Solicare programme leaders are nationally registered for delivering accredited Home Office programmes, as well as being members of recognised institutes in the UK such as the Institutes of Careers Guidance.

Solicare tutors are approved for work with children & young people of all ages, as they are CRB checked and work within the guidelines of a range of legal acts including those relating to work with Children, Offender Rehabilitation, Criminal Justice and Education.

**For Further Information,, please contact Carole Marek - Programmes at Solicare UK  
via: Email: [enquiries@solicare.co.uk](mailto:enquiries@solicare.co.uk), Tel: 07765895469 or Fax 01843 835557**